

Trauma Teddy Pattern

Red Cross organises the collection of the teddies, which are then distributed via the Ambulance Service, the Fire Brigade and hospitals to children and others who have experienced a trauma. They are also given to residents in nursing homes.

Teddies can be made in a variety of styles. The pattern describes a teddy with pants and a shirt, but the pattern can be varied. The important thing is that the teddy has a personality of its own!

Note: Julie Timewell, Coordinator, Tight Knit World is happy to finish Trauma Teddies once they have been knitted. Stuffing is available from Red Cross or nylon stuffing from Spotlight may be used.

8 ply wool (no angora or mohair)
Needles: No 9 (3.75 mm) or no 10 (3.25mm) needles
(Loose knitters use No 10)

LEGS & PANTS

Leg 1

- Cast on 12 stitches
- Knit 34 rows
- Change colour for pants
- Knit 8 rows
- Leave stitches on needle

Leg 2

- Same as Leg 1

Pants

- Join both legs by knitting across both legs
- Knit 14 rows to finish pants

Shirt

- Change colour for shirt
- Knit 18 rows

Sleeve

- Cast on 12 stitches at the beginning of the next 2 rows
- Knit 18 rows
- Next 2 rows cast off 12 stitches (this forms the arms – 24 stitches remain)

HEAD

- Knit 34 rows

Cast off

Repeat this procedure to obtain the other side of the Trauma Teddy

FINISHING

- Sew on face.
- Join up leaving a gap at the top of the head for filling
- Fill with filling provided by Red Cross or use nylon filling from Spotlight.
- Sew top of head together.
- Gather around the base of head to form neck.
- Pinch corners of head and sew to form ears.

